**Course Name: Physical Education.**

**Course No. : (701329).**

**Credit Hours: (3) Hours.**

**Course Classification: Optional Specialization.**

**Course Description:**

This course is an introduction to physical education as one important areas in a person's life in general, and in the life of the child, in particular, where include concepts of physical education and physical exercise and how to teach, also includes studied physical education and its parts, and methods of teaching physical education for young people. And deals with the practical side adoption of skill involved in terms of curriculum (defined planning method for teaching, teaching methods, methods of evaluating practical instruction activities enrich the teaching process in addition to some of the skills Applied by eating some of the titles.