




Sarah Y. Khamis


Clinical Pharmacist

Ph.D. in Continuing Professional Development and Lifelong Learning

A patient care orientation pharmacist with a PhD degree in clinical pharmacy and 6 years' experience in teaching. My professional interest and orientation is the student and the quality of the curriculum audit, improving the teaching strategies according to the new everchanging world, and transferring the students from a receiver learner to self-directed lifelong learner by developing their continuing professional skills.

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 Dahiat Alrasheed- Amman- Jordan

Nationality: Yemeni

Date of birth: 14 September 1990

Gender: Female

EDUCATION

PhD degree in clinical pharmacy

Near East University

03/2017-12/2020 *Excellent*

Thesis: Students' Attitude toward Continuing Professional Development and Preparedness to Become Lifelong Learners

MSc in Clinical Pharmacy

Near East University

10/2015-02/2017 *Excellent*

Thesis: Applying Beers Criteria for Elderly Patients to Assess Rational Drug Use In Northern Cyprus

Pharmacy Degree

Yemen University of Science And Technology

2009-2014 *Very Good*

Graduation Projects:

- Determination of lead in cosmetic.
- Synthesis and application of nanotechnology.

PROFESSIONAL EXPERIENCE

Research Assistant

Department of Clinical Pharmacy, Faculty of Pharmacy, Near East University, Nicosia, Turkey
2018-2020.

Preceptor

Department of Clinical Pharmacy, Faculty of Pharmacy, Near East University, Nicosia, Turkey
2018-2021.

Lecturer

Department of Clinical Pharmacy, Faculty of Pharmacy, University, Nicosia, Turkey
2018-2022

Assistant Professor

Department of Clinical Pharmacy, Faculty of Pharmacy, Jerash university, Jordan
2022- Present

WORK EXPERIENCE

Clinical pharmacist in drug information center

Near East Hospital, North Cyprus, Turkey
2017-2022

Hospital pharmacist

Near East Hospital, North Cyprus, Turkey
2018-2019

Quality control

Freesia for Pharmaceutical and Cosmetic Industry, Yemen
2014-2015

MEMBERSHIP

- Young European Society of Clinical Pharmacy (YOUNG-ESCP)
- Academic Pharmacy Section- International Pharmaceutical Federation (AcPS-FIP)
- Young Pharmacist group- International Pharmaceutical Federation (YPG-FIP)

AWARDS

Won the FIP Academic Pharmacy Section (AcPS) Grant for Research in Education and Mental Health in LMICs during the COVID19 pandemic. For research proposal entitled: "The impact of simulated continuing professional development course on maintaining pharmacy students' mental health and well-being during COVID-19"

LANGUAGES

Arabic "Native"

English "Advanced"

Turkish "Very Good"

PUBLICATIONS

Original Research

Applying Beers Criteria for Elderly Patients to Assess Rational Drug Use in Northern Cyprus. Article under review for publication (1st author)/2019

Original Research

Knowledge, Attitude and Practice of Self-medication among Pharmacy Students in North Cyprus (1st author).
(1st author)/2019

Original Research

Antibiotic utilization patterns in children admitted to a pediatric general medical ward in North Cyprus "3rd author"/2020

Original Research

Preparing lifelong learners for delivering pharmaceutical care in an ever-changing world: a study of pharmacy students "1st author"/2020

Abstract

The impact of a simulated continuing professional development course on maintaining pharmacy students' mental health and well-being during COVID-19. (1st author)/2021

Abstract

Fibrosis in visceral tissues due to nitrofurantoin in rat pups(6th author)/2021

COURSES WHICH I HAVE TAUGHT FOR UNDERGRADUATES

- 2018-2021 Continuing Professional Development
- 2019-2021 Pharmaceutical Information Management,
- 2019-2023 Pharmaceutical care
- 2020-2021 Social Pharmacy
- 2021-2022 Public Health
- 2021-2023 Clinical Pharmacy and therapeutics I
- 2021-2022 Clinical Pharmacy and therapeutics I lab
- 2022-2024 Evidence based pharmaceutical practice
- 2023-2024 Clinical Pharmacy and therapeutics III

COURSES WHICH I HAVE TAUGHT FOR POSTGRADUATE

- 2020-2021 Clinical Pharmacy Application-I- Master

HOSPITAL ROTATIONS I DID AS A PRECEPTOR

- Drug Information Center
- Pediatric Clinic
- Geriatric Clinic

RESEARCH PROJECTS:

- Knowledge, Attitude and Practice of Self-medication among Pharmacy Students in North Cyprus (*Mission in the project: Research assistant*)
- Antibiotic utilization patterns in children admitted to a pediatric general medical ward in North Cyprus (*Mission in the project: Research assistant*)
- The impact of the(COVID -19) epidemic on mental health of Freshman and Sophomore Pharmacy Students in Northern Cyprus. (*Mission in the project: Supervisor*).
- The impact of the COVID-19 pandemic on mental health of third- and fourth-year pharmacy students in Northern Cyprus in the near east university: cross sectional study. (*Mission in the project: Supervisor*).
- The impact of the COVID-19 pandemic on mental health of final year and postgraduate pharmacy students in Northern Cyprus near east university : cross-sectional study. (*Mission in the project: Supervisor*).
- Off-label drugs use during COVID-19. (*Mission in the project: Supervisor*).
- Smoking and COVID-19. (*Mission in the project: Supervisor*).
- The Prevalence of depression during COVID-19. (*Mission in the project: Supervisor*).
- The role of Probiotics in fighting COVID-19. (*Mission in the project: Supervisor*).
- Clinical Pharmacist contribution during COVID-19. (*Mission in the project: Supervisor*).

ONLINE COURSES AND WEBINARS

1. **Certified professional coaching program**
2. Clinical Supervision: Teaching and Facilitating Learning
3. Digital Health: Where does pharmacy stand?
4. AcPS and WDH Webinar#3-Innovations of IPE Implementation
5. Pathway to Leadership in STEM through Entrepreneurship "Webinar"
6. The Greatest Test of Mental Wellbeing and Emotional Intelligence "Webinar"
7. Live Long Learning from COVID-19 "Webinar"
8. Impact of COVID-19 on Pharmacy Education: Perspective from students & academics "Webinar"
9. My Dispense: A virtual simulation to teach pharmacy students across the globe "Webinar"
10. Monoclonal antibodies and antibody-drug conjugates in oncology - clinical cases "Webinar"
11. The American Society of Health-System Pharmacists: Pharmacy's fight against COVID-19 in the US "Webinar"
12. FIP guidance on COVID-19 for pharmacists and the pharmacy workforce
13. Enhancing academic leadership horizons in trying times
14. Biosimilars: theoretical background and practical experiences with implementing biosimilars into practice
15. The role of DOACs in patient with acute coronary syndrome
16. Education for educators
17. Digital Approaches in Education
18. IT Ethics and Information Security
19. Interactive of Course Videos
20. Educational Simulations
21. Effective Classroom Management and Effective Communication in Distance Education
22. Lesson Planning and Learning Environment Design in Distance Education
23. Process-Oriented Assessment Methods in Distance Education
24. Effective E-Exam Design

CERTIFICATS

1. **Certified Life Coach**
2. Life Coach skills
3. Performance Human Management Coach Certification Program
4. Coaching Diploma
5. Positive Psychology Program
6. Psychological Counselling Diploma
7. Speaking and Presentation Skills Diploma
8. Positive Parenting Diploma
9. Family Coaching Diploma
10. Neuro Linguistic Programming Diploma
11. Body Language Diploma
12. Graphology Diploma
13. Enneagram Diploma

WORKSHOPS

1. Continuing Professional Development (CPD)
2. Lifelong Learning (LLL)
3. Smart Pharmacy
4. Personal analysis (SWOT)
5. Teaching technique
6. Providing care in complex polypharmacy, are there tools which help?
7. The monitoring of psychotropic drug use in (institutionalized) older patients.
8. Planning and running a workshop
9. International collaboration in designing and conducting research studies- ESCP Research Committee Workshop
10. the tool of depression screening and assessment
11. The epidemiology

CONFERENCES

1st Pharmaceutical Since Conference, Exploring New Frontiers in pharmaceutical Sciences, The Hashemite University, Jordan 2024
ESCP 2021 Virtual Symposium Clinical pharmacy, working collaboratively in mental health care. author in poster and the presenter. (2021)

25th National Pharmacology Congress, 9th Clinical Pharmacology Symposium and 8th Clinical Toxicology Symposium 4-7 November in Kuşadası. (2019)

48th European Symposium on Clinical Pharmacy, Ljubljana, Slovenia as co-author in poster and the presenter. (2019)

12th International Symposium on Pharmaceutical Science as poster presenter. In Ankara University- Ankara Turkey. (2018)

77th FIP World Congress of Pharmacy and Pharmaceutical Sciences as co-author in poster. Seoul, Republic of Korea. (2017)

2nd International Gazi Pharma Symposium Series as presenter. In Gazi University- Ankara Turkey. (2017)

Awarded to a fully funded Yunus Emre Institute organization Turkish Literature Summer school for one month at turkey. (2017)

2nd International Symposium & Workshop of NEU Company Simulator Center: Solid Dosage Formulation & Process Development "QbD/PAT in Mind". 13&14 November, TRNC. (2015)

RESEARCH AREAS

- Mental health
- Curriculum development
- Continuing professional development
- Competence based education
- Professional and life coaching
- Pediatric rational drug use
- Geriatric pharmacotherapy

SKILLS

- Continuing professional development skills
- Self-Directed lifelong learner skills
- Self-analysis skills
- Events organization
- Emotional Intelligence
- Virtual learning and teaching
- Critical thinking, flexibility, teamwork, organization.
- Leadership and communication skills.
- Researches methods and writing skills
- Very good computer skills and statistical analysis programs

SCHOLARSHIPS

50% for Master degree- Department of Clinical Pharmacy, Faculty of Pharmacy, Near East University, Nicosia, Turkey

100% for Ph.D. Department of Clinical Pharmacy, Faculty of Pharmacy, Near East University, Nicosia, Turkey

VOLUNTEER EXPERIENCE

Founder

Establish a volunteer association "Youth Charitable Imprint" in Yemen to provide school supplies for orphans and refugees.

Medical Health manager

Medical Health manager in Yemen for Cancer Care and Charity Foundation

Teacher/Supervisor

Participate in a social volunteer association " Teach me" that contribute to teach the primary school student for free after stopping schools in the war situation in Yemen.

Listener

7 cups of tea

INTERESTS

- Volunteering and community involvement
- Positive Psychology
- Artificial intelligence
- Listening to the natural voice
- Meditation and hypnosis
- Enjoy life
- Photography

REFERENCES

1. Prof. Bilgen Basgut, clinical Pharmacy Department, Near East University, North Cyprus.
Bilgenbasgut@gmail.com
2. Assoc. Prof. Abdikarim Abdi, clinical Pharmacy Department, Near East University, North Cyprus.
daud87@hotmail.com
3. Assist. Prof. Dr. Arijana Meštrović, Competency Development Manager, member of the International Services Program Advisory Group the Accreditation Council for Pharmacy Education (ACPE, USA),Pharma expert Consultancy and Education Zagreb Croatia
Arijana.mestrovic@pharmaexpert.hr
4. Michael J Rouse, PhD. International Services Program, Accreditation Council for Pharmacy Education (ACPE), Chicago, IL 60603, USA
mrouse@acpe-accredit.org
5. Gamil Al-Thobhany, Ph.D . Department of Pharmaceutical Sciences and Quality Assurance, Yemen University of science and technology.
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